

COUNTY OF LOS ANGELES
 PUBLIC HEALTH COMMISSION
 September 12, 2013
 MINUTES

APPROVED

COMMISSIONERS

Patrick Dowling, M.D., M.P.H., Chairperson*
 Jean G. Champommier, Ph.D., Vice-Chair*
 Waleed W. Shindy M.D., M.P.H.**
 Michelle Anne Bholat, M.D., M.P.H. *

DEPARTMENT OF HEALTH SERVICES REPRESENTATIVE

Jonathan E. Fielding, Director of Public Health and Health Officer***
 Angela Haley, Secretary*
 Public Health Commission

PUBLIC HEALTH COMMISSION ADVISOR

Cynthia Harding, Chief Deputy**
 Public Health

PUBLIC HEALTH COMMISSION YOUTH ADVISOR

Vacant

*Present **Excused ***Absent

TOPIC	DISCUSSION/FINDINGS	RECOMMENDATION/ACTION/ FOLLOW-UP
I. CALL TO ORDER	The meeting was called to order at approximately 10:13 a.m. by Chairperson Dowling at Central Health Center.	Information only.

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II. ANNOUNCEMENTS & INTRODUCTIONS	<i>Introductions of Commissioners and guests were conducted.</i>	<i>Information only.</i>
III. APPROVAL OF MINUTES	MOTION: APPROVAL OF JUNE 27, 2013 MINUTES MOTION: APPROVAL OF AUGUST 8, 2013 MINUTES	<i>Chairperson Dowling entertained a motion from Vice-Chairperson Champommier, seconded by Commissioner Bholat and carried unanimously.</i> <i>Chairperson Dowling entertained a motion from Vice-Chairperson Champommier, seconded by Commissioner Bholat and carried unanimously.</i>

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<p>IV. PUBLIC HEALTH REPORT</p>	<p>Carrie Brumfield provided the Commission with a Public Health Report and discussed public health activities since the last report on August 8, 2013.</p> <p>Decline In Consumption of Sugar-Sweetened Beverages In Children</p> <p>Ms. Brumfield informed the Commission of the report from the Department of Public Health (DPH) published this week by the Centers for Disease Control and Prevention (CDC) showing a decline in consumption of soda and other sugar-sweetened beverages among children in the County. The results, from our L.A. County Health Survey, indicate that the percentage of children who consume one or more sugar-sweetened beverages each day decrease from 43.3% in 2007 to 38.3% in 2011.</p> <p>While the modest decrease is encouraging, consumption of sugar-sweetened beverages remains high, with more than one in three children in the County consuming these beverages on a daily basis. Given the strong evidence of the link between sugar-sweetened beverage consumption and obesity and tooth decay, efforts to further reduce consumption is a high priority.</p>	

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<p>IV. PUBLIC HEALTH REPORT CONTINUED</p>	<p>Drink Up Campaign DPH is partnering with First Lady Michelle Obama, Let's Move!, and the Partnership for a Healthier America on "Drink Up," a nationwide public health campaign to encourage people to drink water more often. The campaign will launch with a national press event on September 12 2013. DPH will be identified as a partner at the press event, on the "Drink Up" website, and in social media materials.</p> <p>Choose Health LA Restaurants Ms. Brumfield discussed the email to DPH employees encouraging them to serve as Public Health Ambassadors and assist DPH in promoting Choose Health LA Restaurants among their families, friends, community partners, and local restaurants. This program will establish partnerships with local restaurants across L.A. County to promote smaller portion size options and healthier children's meals. This is a voluntary program that is separate from the Environmental Health restaurant inspection process and does not impact a restaurant's letter grade.</p>	

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<p>IV. PUBLIC HEALTH REPORT CONTINUED</p>	<p>Hospital Practices: Can They Impact Breastfeeding?</p> <p><i>Ms. Brumfield discussed the latest issue of LA Health, focused on breastfeeding and related hospital practices. The brief discusses the health and societal benefits of breastfeeding, data on breastfeeding from the 2011 L.A. County Health Survey, hospital practices related to breastfeeding, and recommendations at all levels to promote breastfeeding. The report was created by DPH's Office of Health Assessment and Epidemiology with input from the Maternal, Child and Adolescent Health Program, Breastfeed LA, and First 5 LA.</i></p> <p>Strategic Plan 2013-2017</p> <p><i>Ms. Brumfield distributed and discussed the newly published L.A. County DPH Strategic Plan for 2013-2017. It will guide our department's strategic directions and priorities over the coming five years. It highlights key areas where DPH seeks to make significant improvements in the health and well-being of L.A. County residents.</i></p>	

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<p>V. AREA HEALTH OFFICER (AHO) REPORT SPAs 3&4</p>	<p>Cristin Mondy, Acting Area Health Officer (AHO), SPAs 3&4, provided the Commission with an overview of the activities within SPAs 3&4.</p> <p>SPA 3 – San Gabriel Valley Health Centers</p> <ul style="list-style-type: none"> • Monrovia Health Center • Pomona Health Center <p>SPA 3 – San Gabriel Valley – Demographics</p> <ul style="list-style-type: none"> • Population - 1,752,126 • 46% Latino • 22% White • 28% Asian Pacific Islander • 4% African American • 51% Foreign Born • 29 incorporated cities • 15 unincorporated areas <p>SPA 4 – Metropolitan LA Health Centers</p> <ul style="list-style-type: none"> • Central Health Center • Hollywood/Wilshire Health Center • Tuberculosis Satellite Clinic Leavey Center 	

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<p>V. AHO REPORT SPAs 3&4 CONTINUED</p>	<p>SPA 4 Employee Health Services</p> <ul style="list-style-type: none"> • Central Health Center • Operational February 2012 • 1,188 health assessments • 842 fit-testing • 579 immunizations <p>SPA 4 – Metropolitan LA – Demographics</p> <ul style="list-style-type: none"> • Population - 1,120,091 • 52% Latino • 25% White • 18% Asian/Pacific Islander • 5% African American • 55% Foreign Born • 2 incorporated cities (L.A. & West Hollywood) • L.A. City Council Districts: • CD #1: Gilbert A. Cedillo • CD #4: Tom LaBonge • CD #5: Paul Koretz • C D#9: Curren D. Price, Jr. • CD #10: Herb J. Wesson, Jr. • CD #13: Mitch O'Farrell • CD #14: Jose Huizar 	

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<p>V. AHO REPORT SPAs 3&4 CONTINUED</p>	<p><i>City Visits</i></p> <ul style="list-style-type: none"> • Eighteen (18) Cities • Three L.A. City Council Districts <p><i>City Plans</i></p> <ul style="list-style-type: none"> • General Plan: El Monte & Monterey Park • Bike Plan: Pomona & West Hollywood <p><i>Healthy City Initiatives</i></p> <ul style="list-style-type: none"> • Pomona • Claremont • Azusa • Duarte <p>Veronica Caballero, Public Health Nurse (PHN), SPA 3, discussed the following program:</p> <p>Norovirus Outbreak Prevention Program</p> <p><u>Needs Assessment</u></p> <ul style="list-style-type: none"> • Skilled Nursing Facilities frequently reported sites for Gastroenteritis Outbreaks 	

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<p>V.AHO REPORT SPAs 3&4 CONTINUED</p>	<ul style="list-style-type: none"> • 34 Outbreaks reported in Skilled Nursing Facility • 28 Confirmed NV • 543 Patients and 144 staff • SPA 3 was chosen to pilot the project <p>Health Indicators – Health-related Quality of Life and Well-being</p> <ul style="list-style-type: none"> • Lives free of preventable diseases and premature death • Improve the health of all groups • Create physical environments which promote good health for all • Promote healthy behaviors across all life stages <p>Process Objectives:</p> <ul style="list-style-type: none"> • May 2012 – Surveillance • August 2012 – Advocacy /Delegated Function • September 2012 – Coalition Building Consultation • October 2012 – Outreach/Health Teaching • December 2012 – Referral Follow-up 	

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<p>V.AHO REPORT SPAs 3&4 CONTINUED</p>	<p><u>2011 Norovirus Season</u></p> <ul style="list-style-type: none"> • 14 Outbreaks • 8 Confirmed <p><u>2012 Norovirus Season</u></p> <ul style="list-style-type: none"> • 23 Outbreaks • 22 Confirmed <p><u>Future Outlook</u></p> <ul style="list-style-type: none"> • Introduce Toolkit to SNFs in their district • ACDC extracts the following: • Average number of cases reported • Average duration of outbreaks • Number of residents and staff effected • Compare numbers across all Service Planning Areas in L.A. County (LAC) <p>Jennifer Rivera, Community Liaison, SPAs 3&4, discussed the following:</p> <p>Educate and Enroll – San Gabriel Valley Insurance Outreach</p> <p><u>Overview</u></p> <ul style="list-style-type: none"> • 26.9% of adult residents in the San Gabriel Valley are uninsured 	

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<p>V.AHO REPORT SPAs 3&4 CONTINUED</p>	<ul style="list-style-type: none"> • 40.5% of residents in the El Monte Health District are uninsured <p><u>Health Insurance Outreach – PointCare</u></p> <ul style="list-style-type: none"> • Innovative web-based screening tool • 5 brief screening steps • A personalized eligibility list of all the insurance programs is generated for each person <p><u>Results</u></p> <ul style="list-style-type: none"> • Community Health Alliance of Pasadena enrolls 100-200 people per month <p><u>Next Steps</u></p> <ul style="list-style-type: none"> • Continue collaboration between DPH and members of the SPA 3 Health Planning Group • Participate in community outreaches, inform group about the Affordable Care Act (ACA), and educate about promoting health. <p>Vice-Chairperson Champommier asked Ms. Mondy if there's a healthy community coalition in El Monte. Ms. Mondy indicated yes, and DPH is one of their city partners they're working with.</p>	

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<p>V.AHO REPORT SPAs 3&4 CONTINUED</p>	<p>Commissioner Bholat asked in regards to the demographics in SPA 4, in specific the API community, is there any data available that indicates; here's the group that has the highest need in the API community, within SPAs 3&4. Ms. Mondy indicated that information is not available in DPH's Key Indicators of Health Survey, but she will get the information and forward it to the Commission.</p> <p>Chairperson Dowling asked Ms. Mondy and staff is there a process to link people who don't have primary care to health centers or sites. Debbie Davenport indicated that Community Health Services (CHS) is in the process of the early stages in the Health Care Ambassador Program, working closely with Department of Health Services (DHS) of obtaining information and translating the proper language to people as well. CHS have their own internal point of care locations.</p>	

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<p>V. AHO REPORT SPAs 5&6</p>	<p>Dr. Jan King, Area Health Officer (AHO), SPAs 5&6, provided the Commission with an overview of the activities within SPAs 5&6.</p> <p><u>Overview</u></p> <ul style="list-style-type: none"> • Demographics, morbidity and staffing • Vision • Highlight a few key projects • Tobacco Free Health Centers • Health Equity • Baby Friendly Hospital Policies • Teen CERT Program <p>Area Health Officer Staff (98)</p> <ul style="list-style-type: none"> • 90% Clinical and Field Services • 12% Staff located in West Los Angeles • 5% Program Outreach Staff <p>Dr. King informed the Commission that she uses the CIA approach. The goal is to insert staff in the community that the people can trust. Nicole Vick, Health Educator, SPAs 5&6, is a trusted partner in the community.</p>	

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<p>V. AHO REPORT SPAs 5&6 CONTINUED</p>	<p>AHO Leveraging Networks (and operatives) to Solve Problems</p> <ul style="list-style-type: none"> • To bridge the gap between the Department of Public Health and Community Based Organizations • To develop strategies for addressing persistent public health problems • To develop strategies for addressing emerging challenges in the delivery of public health services <p>Nicole Vick, Health Educator, SPAs 5&6, discussed the following projects:</p> <p>DPH Smoke Free Health Centers</p> <ul style="list-style-type: none"> • MLK CPH first health center to implement CHS Tobacco Free Environment policy (CHS #108) • All health centers will be smoke free by November 15, 2013 • Collaboration between MLK CPH, CHS, and TCPP • Routine screening for tobacco use and cessation interventions also part of the project 	

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<p>V.AHO REPORT SPAs 5&6 CONTINUED</p>	<p>Creating a Healthier Community – Compton</p> <p>The City of Compton is located in South Los Angeles (Service Planning Area 6). The city has worked with DPH and has made the following strides in improving the social and physical environment of residents:</p> <ul style="list-style-type: none"> • Drafted a health element chapter in the 2030 city plan update • Commenced the Compton Creek Taskforce to develop programming for the Compton Creek Trail • Engaged in Emergency Preparedness activities including the L.A. County Community Disaster Response program and PACRED <p>Health Equity Scope of Work</p> <ul style="list-style-type: none"> • Multipronged approach designed to address Health Equity and the Social Determinants of Health • Internally through self-assessment and training • Externally through program development and implementation 	

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<p>V.AHO REPORT SPAS 5&6 CONTINUED</p>	<ul style="list-style-type: none"> • A board game called "The Last Straw" which displays the social determinants of health, and staff uses it to talk to middle and high school students. <p>Racial Justice Training</p> <ul style="list-style-type: none"> • First Training: Structural racism and framing • Second Training: Focus on improving public health messaging/programming using a racial justice framework <p>Dr. King discussed the ongoing DPH collaboration with St. Francis Hospital in Lynwood, Baby Friendly Breastfeeding Hospital Policy. There has been significant improvement in the breastfeeding rate. Breastfeeding is important for babies risk differences for various diseases.</p> <p>Dr. King discussed the Teen Community Emergency Response Team (CERT).</p>	

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<p>V. AHO REPORT SPAs 5&6 CONTINUED</p>	<p>Teen CERT <u>Purpose:</u> <i>Created to address preparedness and response capabilities from within high schools.</i></p> <p><u>Goals:</u></p> <ul style="list-style-type: none"> • <i>Train students in emergency preparedness and basic response</i> • <i>Ensure they have skills needed to protect themselves and assist others in the event of an emergency</i> <p>Watts Teen CERT <u>Purpose:</u></p> <ul style="list-style-type: none"> • <i>Project was opportunity to increase preparedness and resilience in an underserved community</i> • <i>Foster multi-sectoral partnerships</i> • <i>Community engagement</i> <p><i>Group comprised of teens from four housing projects:</i></p> <ul style="list-style-type: none"> • <i>Jordan Downs</i> • <i>Imperial Courts</i> • <i>Nickerson Gardens</i> • <i>Gonzaque Village</i> 	

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<p>V. AHO REPORT SPAs 5&6 CONTINUED</p>	<ul style="list-style-type: none"> • L.A. Police Department Cadet Program (Southeast Division) • South Los Angeles community <p><u>7 Week Program</u></p> <ul style="list-style-type: none"> • Earthquake Awareness • Disaster Fire Suppression Techniques • Disaster Medical Operation • Multi-Casualty Incidents, Light Search and Rescue Operations • Team Organization and Disaster Psychology • Terrorism and Homeland Defense • CPR and First Aid Certification Course (added training) <p>Dr. Jannah Scott, Center for Faith-based & Neighborhood Partnerships, U.S. Department of Homeland Security A Center of the White House Office of Faith-based & Neighborhood Partnerships, thanked the Commission on behalf of President Obama and Homeland Security Secretary, for allowing her to discuss their involvement with the teen CERT program.</p>	

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<p>V. AHO REPORT SPAs 5&6 CONTINUED</p>	<p>Dr. Scott indicated that her organization build partnerships and reduce resilience of all kinds. She has received strong staff support from the MLK Public Health Center, who provided a safe place for teens in the community that was safe, welcoming, and gave them a sense that they were a part of something important. This community was targeted for this project (teen CERT), is a community that sees crisis on a daily basis. Dr. Scott shared a story of one young man who could not go from home to class without a police escort, because he had to go through an unsafe neighborhood, as a result he was afraid to do so. Dr. Scott indicated they were grateful that DPH had a partnership with LAPD, who provided supervised transportation for all the kids in the neighborhood. Dr. Scott stated that the openness of the staff to collaborate with partners they haven't collaborated with before was worthy of greater than just the effort itself.</p> <p><u>Partners</u></p> <ul style="list-style-type: none"> • U.S. Department of Homeland Security/FEMA • L.A. Fire Department • American Red Cross 	

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<p>V. AHO REPORT SPAs 5&6 CONTINUED</p>	<ul style="list-style-type: none"> • City of Los Angeles Housing Authority • LAC DPH • Women of Imperial Court • Council of Pakistan American Affairs • Watts Gang Taskforce • 7-Eleven Corporation • L.A. City Councilman Joe Buscaino (CD 15) • LAPD Southeast Division <p><u>Impact</u> Teens have skills to:</p> <ul style="list-style-type: none"> • Organize a CERT team or join an existing one • Map assets, strengths, and vulnerabilities • Participate in disaster drills and exercises • Present fire safety education training • Provide peer mentoring • Assist in preparedness outreach with special populations • Establish and maintain contact with the national Youth Council • Choose careers in emergency management 	

